



Creativity as Mind Care: How Cultural Education Contributes to Resilience and Psychological Wellbeing

Wednesday, 3rd of December 2025

14.30 h	Security Check and Registration	
15.30 h	Welcome Mira Woldberg, Deputy Ambassador to Germany	Hall
15.40 h	Opening Words Mareike Wulf, Parliamentary State Secretary in the Ministry of Education, Family Affairs, Senior Citizens, Women and Youth	Hall
15.50 h	Arts education, cultural education and mental health: Introducing the MindCare Project Max van Alphen & Jan van den Eijnden, LKCA Charlotte Prokop, BKJ	Hall
16.05 h	Film and Conversation Jordy Dik, Dik Danstheater	Hall
16.40 h	Break	



17.00 h

Keynote and Q&A

Hall

Prof. Dr. Janine Stubbe, University of Rotterdam

17.30 h

**Music and Conversation with the
Paperlantern Collective**

Hall

Paperlantern Collective

18.00 h

Fingerfood and Networking

19.30 h

End of Day One



Creativity as Mind Care: How Cultural Education Contributes to Resilience and Psychological Wellbeing





Thursday, December 4th, 2025

09.00 h	Arrival and Registration	
09.30 h	Welcome and Introduction	Theater hall
09.45 h	The Joy of Mistakes – Cultural Education, Play and Resilience Michael Dietrich, Cultural Educator, Management Director PA/SPIELkultur e. V., Munich	Theater hall
10.15 h	Curator’s Note on the Exhibition featuring photographs from the German Youth Photo Award Katharina Klapdor Ben Salem, Head of Deutscher Jugendfotopreis, Deutsches Kinder- und Jugendfilmzentrum (KJF)	Theater hall
10.45 h	Break	



11.30 h

Workshops Round 1





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|  | #1 Fostering Children's Participation in Creating Safe*r Spaces
Nesteren Genc, Germany | Conference Room 2 |
|  | #2 Writing for Resilience – Creativity as a Force for Mental Health
Fariesh Abdoelrahman and Jamie Hoogeveen, Quardin, Netherlands | Conference Room 1 |
|  | #3 Feeling Safe, Moving Freely: Theatre and Dance as Tools for Child Protection and Setting Boundaries
Mara Luise Atkins & Gabi van den Droste, FELD Theater, Germany | Theater hall |
|  | #4 Democratizing Sound: Collaborative Music Practices in Community Contexts
Marleen Kiesel and Matthew Robinson, Paperlantern Collective, Germany/UK | Studio 2 |

13.00 h

Lunch

14.00 h

Workshops Round 2

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|  | #1 SPARKing change in Slovenia and Serbia: Rethinking children's mental health through a gender lens
Ana Pavlič and Kaja Primorac, Inštitut za proučevanje enakosti spolov (IPES), Slovenia | Conference Room 2 |
|  | #2 Social Media and Mental Health
Moniek Zuidema, LKCA | Conference Room 1 |
|  | #3 Planting the Seed: Fostering Peer Support in Youth Cohorts
Theresa Hobe, Mental Health Initiative/Peace in Mind Project, Germany/Poland | Studio 2 |
|  | #4 The Happy Dance – the Dance of Freedom
Jordy Dik, Vincent Dankelman, DIK Danstheater, Netherlands | Dance Studio |

15.30 h

Break



16.00 h **Artistic Performance** Theater hall

Cabuwazi – Kinder- und Jugendzirkus

16.30 h **Advancing Youth Mental Health and Well-Being: A mapping of policy frameworks, tools and services across Europe** Theater hall

Advancing Youth Mental Health and Well-Being: A mapping of policy frameworks, tools and services across Europe

Ela S. Evliyaoğlu, Pool of European Youth Researchers (PEYR)

16.45 h **Gallery Walk!** Conference Rooms 1 & 2, Studios 1 & 2

18.30 h Dinner

Friday, December 5th, 2025

09.00 h **Arrival** Theater hall

09.30 h **Art as Mind Care and Healing: Living Museums in Practice – Examples from Switzerland, Georgia and Bulgaria** Theater hall

Art as Mind Care and Healing: Living Museums in Practice – Examples from Switzerland, Georgia and Bulgaria

Dr. Rose Ehemann, Iva Ivanova and Natia Panjikidze, Living Museum Society

10.15 h **Creative Activation** Theater hall

Lina Richter, BKJ

10.45 h Break



11.15 h	Dance- and Theater Performance: Overcoming loneliness AWA Theater	Theater hall
11.45 h	Panel Discussion: Loneliness and the role of arts and culture in building community Stine Keiding, Leading the Interbaltic Reg Arts on Prescription Program Kathrin Hartmann, Head of programs and projects, vice director of the German Library Association Kesha Filipa, Visual Artist and Advisor for Cultural Education at Kunstloc Brabant Eva Serpil Evliyaoğlu, clinical psychologist, youth policy expert and member of the Pool of European Youth Researchers (PEYR) of the EU-Council of Europe Youth Partnership Laure Pailleau, Child Participation and Policy Officer, Eurochild Moderated by Dr. Christine Steiner, German Youth Institute	Theater hall
12.45 h	Q&A with the Panelists	Theater hall
13.15 h	Closing Remarks	Theater hall
13.30 h	Fingerfood/ Light Lunch	
14.30 h	End of the conference	
